

# E-BE Class 9

E-BE DVDs Counter Time: ([Beyond the Veils] DVD 2) 00:00 – 00:27 min.

## Questions and Answers

- 1. Why does a meditation or technique still work for someone who cannot yet do inner visualizations?**
  - When someone intends a visualization yet cannot see it, he or she is still creating a Scalar Wave Pattern.
  - Even just the process of hearing the instructions will create a Scalar Wave Pattern that will in turn create the appropriate adjustments in one's fields.
  - When one intends a visualization the pattern is physically there, but it may not yet be in a person's current perceptual range.
  
- 2. Why are some people able to pick up on the steps of a meditation or technique before Ash speaks them out loud?**
  - Ash gets information through a frequency transmission that downloads through her fields and becomes speech. Some people have their receptors open enough to pick up the frequency and get the transmission before Ash speaks it.
  
- 3. Do members of the Oraphim Emerald Order incarnate on Earth?**
  - Usually they do not tend to incarnate in Density 1. They only incarnate in a Density 1 system when they are part of a rescue mission.
  
- 4. Why do some people have a very strong feeling of not being from here?**
  - Usually these are people who have most of their experiences of manifestation in the higher frequency fields. These people do not have much orientation to Earth's fields and level of density.
  
- 5. What happens during "Soul Braiding" or "Walk-Ins," and why do they occur?**
  - Some people who incarnate on Earth are coming in from a very high level of consciousness and cannot come into the fetal pattern because it does not have a high enough oscillation rate.
  - A portion of their own Soul or Oversoul matrix will incarnate into the body first to raise the oscillation rate, then the Soul or Oversoul consciousness will leave the body as the higher consciousness "walks in."

- 6. What advice does Ash give to people who tend to overanalyze with their logical minds while they are doing a technique and then get distracted by thoughts of doubt about whether or not they are doing a technique correctly?**
  - Trust is the healing element when doing and following techniques.
  - You learn to trust and say, “I trust that because I see (or feel) that my Higher Self is showing me that I am doing this the right way for me.”
  - Instead of seeing images or hearing words as the technique is being given, try to shift your perception to what is called “Cellular Telepathy,” where you literally feel the transmissions of energy that are coming out beneath the words, because your system will integrate the technique even if it bypasses the logical mind.
  - We need to remember there is a part of ourselves that already knows how this works, and there is a part of ourselves that knows what to do at any moment.
  
- 7. What is the most important thing to remember when working to expand your consciousness?**
  - You don’t need to give your power away to anyone. Learn to respect your own majesty and realize that because time is simultaneous, there is a part of you stationed right now in the frequency bands that are part of the Ascended Mastery levels.
  
- 8. What are Miasms or Miasmatic Imprints?**
  - Miasms are clusters of anti-particles that hold Holographic Patterns and block the flow of energy in the particle fields of our Hova Bodies and Kathara Grid.
  
- 9. What does it mean to reverse the Miasmatic Core?**
  - A Miasm can have many layers of related Karmic Imprints from many different time lines. When you reverse the polarity of the core point, you reverse the polarity on all the related layers of Miasms in all time vectors.
  
- 10. Why is it important to allow the feelings to process while healing Miasms?**
  - Emotional responses can often trigger the rest of the Miasmatic Imprint to open into wave form into a person’s fields for transmutation.
  
- 11. Why do some people feel tired or drained when they are in a crowd, and what can they do about it?**
  - Some people naturally hold their fields in a more expanded way and tend to absorb other people’s scalar patterns. You can put yourself inside the star tetrahedron image of the Merkaba and create the thought intention in your energy fields that nothing with an unstable or lower frequency is permitted to move through your fields.
  
- 12. Can children be taught to do this?**
  - Yes, you can show them the Merkaba Star and even call it something else, like a “spaceship,” but tell them to imagine this around themselves and explain that it will strengthen their energies and make them stronger.

# Vocabulary

**1. Scalar Wave Pattern:**

The energetic pattern that is created when someone has a thought or visualizes something.

**2. Soul Braiding or Walk-Ins:**

The process in which a Soul or Oversoul of a very high level of consciousness incarnates into a body first to raise the frequency of the body form, and then several months or years later the Soul or Oversoul leaves the body as the higher consciousness walks in.

**3. Cellular Telepathy:**

A mode of perception in which someone feels the frequency of energy that is beneath spoken words.

**4. Miasms:**

Clusters of anti-particles that collect in the particle fields of our Hova Bodies and Kathara Grids.

**5. To modulate one's fields:**

To control the expansiveness of one's fields.

**6. Merkaba:**

Two counter-rotating spirals of energy that surround a person and are often depicted as a star tetrahedron.

# Multiple Choice

**1. When intending to visualize something you are creating a:**

- (a) Merkaba
- (b) Scalar Wave Pattern
- (c) Fetal pattern
- (d) Hova Body

**2. Usually people do not get very clear inner vision until they get to which DNA strand activation?**

- (a) 3<sup>rd</sup> strand
- (b) 4<sup>th</sup> strand
- (c) 5<sup>th</sup> strand
- (d) 6<sup>th</sup> strand

- 3. The Oraphim Emerald Order tends to be from which Harmonic Universe?**
- (a) 3<sup>rd</sup>
  - (b) 4<sup>th</sup>
  - (c) 5<sup>th</sup>
  - (d) 7<sup>th</sup>
- 4. Ash receives information from the Guardian Alliance through:**
- (a) Channelling
  - (b) Automatic writing
  - (c) Frequency transmission
  - (d) None of the above
- 5. The Oraphim Emerald Order incarnated on Earth and became trapped in Density 1 \_\_\_\_\_ years ago (YA).**
- (a) 210,000 YA
  - (b) 250,000 YA
  - (c) 20 million YA
  - (d) 2,000 YA
- 6. The process of “Soul Braiding” has to do with:**
- (a) Soul mates coming together
  - (b) A Soul or Oversoul raising a body’s frequency rate
  - (c) Two souls in a body at the same time
  - (d) A young girl’s hairstyle
- 7. If someone hears voices in his or her head, he or she is hearing:**
- (a) The guidance of his or her Higher Self
  - (b) Fragmented personalities in the subconscious
  - (c) The voice of a being trying to infiltrate his or her astral fields
  - (d) Any one of the above
- 8. If you start to over analyze and doubt yourself in the middle of a technique, you should:**
- (a) Interrupt the Speaker and ask them to repeat themselves to make sure you got it right
  - (b) Stop following the technique altogether because you’ve ruined the effects
  - (c) Trust that a part of you knows what to do
  - (d) Keep concentrating on your doubt to make it go away
- 9. When a person does the Fetal Integration Technique they are reversing the polarity of Miasms from within the:**
- (a) Auric field
  - (b) First 8 cells
  - (c) 3<sup>rd</sup> Chakra
  - (d) Merkaba

**10. If you feel the urge to cry when releasing a Miasm, you should:**

- (a) Let the emotion flow through you and allow yourself to cry
- (b) Stifle the urge because it will not allow the reversal to take place
- (c) Force yourself to laugh instead so you will feel happier
- (d) Try to figure out why you are crying

**11. It's important to reverse the polarity at the Miasmatic Core because:**

- (a) It's important to review the content of the entire Holographic Pattern
- (b) That is the only way to break up a Miasmatic Pattern
- (c) You are reversing the polarity of all the related layers of Miasmatic Patterns
- (d) That's the only way to analyze it

**12. When you are in a big crowd of people it's best to:**

- (a) Pull your fields in close to your body and put up your Merkaba Star
- (b) Extend your fields out so you can take in and heal everything around you
- (c) Not think about it either way
- (d) Avoid the crowd all together

## **Six Steps Toward Joy With Others**

**3. Mutuality:** Competition, “one-up-man-ship” and passing judgment on others are ego games that blind you to self-awareness and empowerment. If situations are approached from a “win-win” perspective of mutuality, and the highest vision for all is sought, joyful solutions will prosper. **What is the highest win-win vision right now? How can we both get our needs met? Are we respecting each other's boundaries? How will I heal or disengage non-mutual relationships?**

(Taken from *Angelic Realities* handbook, page 79.)

**Multiple Choice Answers:**

**1. B, 2. D, 3. B, 4. C, 5. A, 6. B, 7. D, 8. C, 9. B, 10. A, 11. C, 12. A**

The dynamics of the emerging MCEO materials involve the reality that the detailed understanding of major topics is under continuous development; therefore, the contents, and level of detail herein, are as advanced as possible UP TO the date of the workshop recording.