

## Recommended Technique Schedule for E-BE Project 12-week format

### Notes:

- Along with your study of the E-BE Project, it is *recommended* that you "experience" the "frequency" of the material by following the Recommended Technique Sequence as it appears on the Azurite Press website on this page: [http://www.azuritepress.com/techniques/new\\_technique\\_outline.html](http://www.azuritepress.com/techniques/new_technique_outline.html). Although this is the *recommended* schedule, it is important that you do the techniques at your own pace. Following the suggested **sequence** of techniques, however, is critical to safe and swift DNA activation and will greatly assist in your integration and understanding of the information.
- Because many of the techniques are lengthy, most have been recorded by the Speakers and are available on CD to facilitate your progress. Information about these Technique CDs can be found on: <http://www.amentiproject.net/recommendedmaterial.htm>

### Week 1:

The Maharic Seal and Liquid Light Cleanse

<http://www.amentiproject.net/AmentiProject/Techniquesfile.pdf>

The Eckasha Maharic Seal Technique

<http://www.azuritepress.com/techniques/Maharic.htm>

Song of Lyra

[http://www.azuritepress.com/techniques/invocation\\_of\\_the\\_maharata.htm](http://www.azuritepress.com/techniques/invocation_of_the_maharata.htm)

Epsilon Sequence

<http://www.amentiproject.net/E-BEProject/Epsilon.pdf>

These techniques can be found on <b>Tracks 1, 11, and 6</b> of the <i>Basic Techniques CDs</i> [Product code BT/CD]
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### Week 2:

The Emerald and Amethyst Awakening

[http://www.azuritepress.com/techniques/emerald\\_amethyst\\_awakening.htm](http://www.azuritepress.com/techniques/emerald_amethyst_awakening.htm)

This technique can be found on <b>Disk 1: Tracks 1–2</b> of the <i>Essential Newcomers Techniques CDs</i> [Product code ENT/2CD]
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### Week 3:

Creating a Personal Bio-Field Link to the Universal Christos-Trion-Meajhe Field

[http://www.azuritepress.com/techniques/trion\\_meajhe\\_field\\_link.htm](http://www.azuritepress.com/techniques/trion_meajhe_field_link.htm)

This technique can be found on <b>Disk 1: Tracks 3–18</b> of the <i>Essential Newcomers Techniques CDs</i> [Product code ENT/2CD]
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**Week 4:**

Induction of the Eckasha God Seed Code: Restoring the Meajhe Field-Photo-Sonic Healing

[http://www.azuritepress.com/techniques/eckasha\\_activation.htm](http://www.azuritepress.com/techniques/eckasha_activation.htm)

This technique can be found on **Disk 1: Tracks 19–20** of the *Essential Newcomers Techniques CDs* [Product code ENT/2CD]

**Week 5:**

Induction of the IahaiA and the Magic Words of Co-Creation

[http://www.azuritepress.com/techniques/iahaia\\_code.htm](http://www.azuritepress.com/techniques/iahaia_code.htm)

This technique can be found on **Disk 1: Tracks 21–23** of the *Essential Newcomers CDs* [Product code ENT/2CD]

**Week 6:**

Pineal Induction of the Lehaia, & the UrimanU Codes and the Psonn of Khemalohatea

[http://www.azuritepress.com/techniques/lehaia\\_and\\_urimanu\\_codes.htm](http://www.azuritepress.com/techniques/lehaia_and_urimanu_codes.htm)

[http://www.azuritepress.com/techniques/psonn\\_of\\_khemalohatea.htm](http://www.azuritepress.com/techniques/psonn_of_khemalohatea.htm)

This technique can be found on **Disk 1: Tracks 21–23** of the *Essential Newcomers CDs* [Product code ENT/2CD]

**Week 7:**

Tribal Shield-Cue Zones Activation

[http://www.azuritepress.com/techniques/cue\\_zone.html](http://www.azuritepress.com/techniques/cue_zone.html)

This technique can be found on **Tracks 5–9** of the *Cue Zone Techniques CDs* [Product code CZ+/CD]

**Week 8:**

Sacred Salutations (Solar and Lunar)

<http://www.azuritepress.com/techniques/salutation.html>

This technique can be found on **Track 10** of the *Cue Zone Techniques CD* [Product code CZ+/CD]

**Week 9:**

Flame Body Activations: Techniques 1–4

Technique-1: The Eckasha Quick Seal Activation

[http://www.azuritepress.com/techniques/technique\\_1.htm](http://www.azuritepress.com/techniques/technique_1.htm)

Technique-2: Astral Awake, Aware & Able

[http://www.azuritepress.com/techniques/technique\\_2.htm](http://www.azuritepress.com/techniques/technique_2.htm)

Technique-3: The Eiros Flame and the Silver Sanctum

[http://www.azuritepress.com/techniques/technique\\_3.htm](http://www.azuritepress.com/techniques/technique_3.htm)

Technique-4: Commanding Silence from the Inner Throne of Power

[http://www.azuritepress.com/techniques/technique\\_4.htm](http://www.azuritepress.com/techniques/technique_4.htm)

<p>These techniques can be found on <b>Disk 1: Tracks 1–8</b> of <i>The Dance for Freedom “20 Techniques” Sequence CDs</i> [Product code AF/CDT]</p>
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**Week 10:**

Flame Body Activations: Techniques 5–7

Technique-5: Born Free—Live-Free—Shadow Healing Preparation

[http://www.azuritepress.com/techniques/technique\\_5.htm](http://www.azuritepress.com/techniques/technique_5.htm)

Technique-6: Shadow Shielding—Shadow Healing Step-1 Shadow Body Silver Sanctum Bonding

[http://www.azuritepress.com/techniques/technique\\_6.htm](http://www.azuritepress.com/techniques/technique_6.htm)

Technique-7: Awakening the Flame of Amoraea

[http://www.azuritepress.com/techniques/technique\\_7.html](http://www.azuritepress.com/techniques/technique_7.html)

<p>These techniques can be found on <b>Disk 2: Tracks 1–6</b> of <i>The Dance for Freedom “20 Techniques” Sequence CDs</i> [Product code AF/CDT]</p>
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**Week 11:**

Flame Body Activations: Techniques 8–12

Technique-8 Part 1 & 2: Shadow Healing Step-2—The DNA Amoraea Buffer

[http://www.azuritepress.com/techniques/technique\\_8.htm](http://www.azuritepress.com/techniques/technique_8.htm)

Technique-9: Sacred Psonns

[http://www.azuritepress.com/techniques/technique\\_9.html](http://www.azuritepress.com/techniques/technique_9.html)

Technique-10: The "I AM Free" Linguistic Template Reprogramming Power Grid

[http://www.azuritepress.com/techniques/technique\\_10.html](http://www.azuritepress.com/techniques/technique_10.html)

Technique-11: Shadow Healing Linguistic Template Reprogramming Power Grid

[http://www.azuritepress.com/techniques/technique\\_11.html](http://www.azuritepress.com/techniques/technique_11.html)

Technique-12: The 12:12 Induction and Rishiac Shield Activation  
[http://www.azuritepress.com/techniques/technique\\_12.html](http://www.azuritepress.com/techniques/technique_12.html)

Technique-12 B: "I AM the Sacred Sun" LTR Grid  
[http://www.azuritepress.com/techniques/technique\\_12\\_b.html](http://www.azuritepress.com/techniques/technique_12_b.html)

These techniques can be found on **Disk 3: Tracks 1–16** of *The Dance for Freedom “20 Techniques” Sequence CDs* [Product code AF/CDT].

**Week 12:**

Flame Body Activations: Techniques 13–20

Technique-13: Shadow Healing Step-3 De-Cording Shadow Dancers  
[http://www.azuritepress.com/techniques/technique\\_13.htm](http://www.azuritepress.com/techniques/technique_13.htm)

Technique-14: Shadow Healing Step-4 Amoraea Invitational—Shadow Body Integration  
[http://www.azuritepress.com/techniques/technique\\_14.htm](http://www.azuritepress.com/techniques/technique_14.htm)

Technique-15: Amoraea Contact Platform  
[http://www.azuritepress.com/techniques/technique\\_15.htm](http://www.azuritepress.com/techniques/technique_15.htm)

Technique-16: The Gold Wave Monadic Infusion—Veca Code-8 Reushaia Induction  
[http://www.azuritepress.com/techniques/technique\\_16.html](http://www.azuritepress.com/techniques/technique_16.html)

Technique-17: The 11:11 Veca Code-11 & Parallel Thun-Immanu  
[http://www.azuritepress.com/techniques/technique\\_17.html](http://www.azuritepress.com/techniques/technique_17.html)

Technique-18 Betcha-Hova Scan Procedure (optional)  
[http://www.azuritepress.com/techniques/technique\\_18.html](http://www.azuritepress.com/techniques/technique_18.html)

The "Witness Quiz"—must be used before first use of Technique-19 (optional)  
[http://www.azuritepress.com/techniques/witness\\_quiz.html](http://www.azuritepress.com/techniques/witness_quiz.html)

Technique-19: Opening Ecka-Contact Communication Lines—CONTACT-2  
[http://www.azuritepress.com/techniques/technique\\_19.html](http://www.azuritepress.com/techniques/technique_19.html)

Technique-20: Templar Reuche Code #12 Induction  
[http://www.azuritepress.com/techniques/technique\\_20.html](http://www.azuritepress.com/techniques/technique_20.html)

These techniques can be found on **Disk 4: Tracks 1–15** of *The Dance for Freedom “20 Techniques” Sequence CDs* [Product code AF/CDT]