

# Amenti Class 4

Amenti DVDs Counter Time: (DVD1) 02:00–02:40

## Questions and Answers

**1. How do we create immunity to a frequency fence?**

- By bringing in and embodying higher levels of your identity. This will raise your frequency and shift you out of range of the frequency fence transmissions.

**2. What metaphor does A'sha use to clarify the concept of simultaneous time?**

**Explain.**

- A'sha says that the true nature of time is more akin to how we perceive space; and could be likened to a map that one can move across. A family in California would represent one time area and a family in New Jersey would represent another different time area. They are taking place in different times but are really there at the same time and are connected.

**3. What controls and limits our perception of time?**

- The genetic time codes in our DNA, which are Keylon Code configurations that make us perceive time in a linear, moment to moment fashion.

**4. How does A'sha explain a Time Continuum?**

- As bands of frequency that move in spirals.

**5. What does a frequency fence do?**

- It can control the perceptions of others and make them experience any reality that the intruders want them to.

**6. Why are energy sensing techniques so important?**

- They allow you to make a conscious connection with other parts of your own consciousness and soul family. Once this happens you perceive yourself, everyone else, and the world around you very differently. Your identity expands and the "I" that you thought of as your self as becomes plural.

# Vocabulary

## **1. Keylon:**

Dimensionalized composite crystalline structures that form within and around the fabric of Partiki Grids.

## **2. Keylon Code:**

A complex grouping of Keylons that direct and control the contours of energy upon which form is built.

## **3. Unified Field:**

A living energy substance composed of geometrical grids of electro-tonal and electromagnetic energy that are called Partiki Grids.

## **4. Time Matrix:**

Can be thought of as the “carpet of time” or map of all the timelines that are taking place in this Time Matrix. It follows a specific mathematical and geometrical program through which space, time and matter can be experienced by consciousness.

## **5. Oversoul Identity:**

The Monad identity or Harmonic Universe (HU) 3 identity; identity levels stationed in dimensions 7, 8, and 9 and composed of the frequency bands of those dimensions.

## **6. Frequency Fence:**

A barrier, created by unplugging Keylon Codes, that blocks higher frequencies from a group of people and can control what they hear, see and feel and experience.

# Multiple Choice

## **1. What is Reverse Mutation?**

- (a) undoing harmful mutations
- (b) de-evolution
- (c) creating harmful mutations
- (d) none of the above

## **2. Who or what has the most Keylon Codes?**

- (a) a past incarnation
- (b) a future incarnation
- (c) yourself
- (d) your computer

**3. How can we heal our miasms and karma without re-experiencing them in our lives?**

- (a) bio-regenesis techniques
- (b) embodying our higher identities
- (c) bringing in more Partiki units to our fields
- (d) all of the above

**4. Why do we need to sleep at night?**

- (a) because our bodies are tired
- (b) because our bodies cannot hold and process certain higher frequencies that our consciousness needs to experience
- (c) because we need to process information on higher levels
- (d) both b & c

**5. What is the minimal dimensional level that our consciousness travels to when we go to sleep?**

- (a) 4<sup>th</sup> dimension
- (b) 6<sup>th</sup> dimension
- (c) 8<sup>th</sup> dimension
- (d) 12<sup>th</sup> dimension

**6. What was dissembled in our DNA to limit our frequency, perception and awareness?**

- (a) our RNA
- (b) our Keylon Codes
- (c) our Mental Bodies
- (d) none of the above

## **Attitudes & Responsibilities of Mastery**

### **Attitude of Mastery #4**

**REVERENT - RESPECT**— Acknowledging and giving to the ALL-ONE-ness.

### **Responsibility of Mastery #4**

**SELF-DISCIPLINE:** Accepting responsibility for directing personal energies toward, rather than in opposition to, the outcomes you desire to experience. The physical, mental and emotional bodies have long been directed by the subconscious forces of the hidden "shadow," creating within us urges, reactions, thoughts, impulses, perceptions and feelings that often work counter to the life creations we desire to manifest. Part of spiritual mastery entails teaching ourselves to be consciously diligent in observing our own minds, emotions and physical body-talk, so that we may employ conscious redirection of subconscious shadow energies that run on "auto-pilot." If we learn to "catch ourselves" when "negative" thought patterns or emotions run through us, we can

use that moment of recognition to reclaim this errant energy and consciously use the power of affirmative attitude, remedial word choice and direct energy re-direction to direct opposing energies of the Self into fulfillment of desired constructive, spiritually mature creations. It takes self discipline to become the "Lion Tamer" of the often roaring subconscious mind, but we do have the intrinsic power to help our subconscious shadow to evolve through loving but firm redirection, into a "cuddly lap cat" that will gladly join us in our constructive co-creations. Self-discipline emerges when we consistently remind ourselves to employ the "Spiritually Correct" thought, action or attitude, even if we don't "feel like it" when the shadow sneaks up from "down under." The shadow parts of Self surface so that we may *see* these parts of Self come to the conscious mind for healing. Through this process, the conscious mind itself can learn greater attributes of mastery.

**Multiple Choice Answers:**

**1. A, 2. B, 3. D, 4. D, 5. C, 6. B**

The dynamics of the emerging MCEO materials involve the reality that the detailed understanding of major topics is under continuous development; therefore, the contents, and level of detail herein, are as advanced as possible UP TO the date of the workshop recording.