

Amsterdam Class 5

AMST DVD 3 Counter Time: 0.38 – 1.31

Questions and Answers

- 1. How does the Rasha Dark Matter Body connect the EtorA and AdorA sides?**
 - The Rasha Dark Matter Body and its structure connect the EtorA and AdorA sides through the Core Allurean Chambers of the ELum-Eiradhona Spirit Body and all of the things that the Allurean Chambers are connected to.
- 2. How are the Harmonic Keys created?**
 - When the Tauren contracts its three outer balls, called the three Ena, they rub through the center structure (a PartikE that has 15 Geleziac Layers), and they make sets of sparks. The set of sparks of the first contraction fills the first Geleziac Ring in the center ball, the second set of sparks from the second contraction fills the second ring, etc., until 12 rings are filled with sparks. The sparks come together in groups of 12 to form Harmonic Keys. Each Harmonic Key Cycle is called a Takeyon Cycle.
 - 1 Harmonic Key is 12 Sparks and 1 Takeyon is 12 Harmonic Keys.
- 3. What is the name Rasha Body short for? What is the Domain the Rasha Body goes with? What are the other Rasha Bodies and their Domains?**
 - Rasha Body is short for Par-TE'-KEi Body.
 - The Rasha Body is the Dark Matter *Template* Body for the Core Domain Light Body.
 - There are four Par-TE'-KEi Bodies that form the Base Shields of the Outer Light Eukatharaista Body. They form within the structure of the large ELum-Eiradhona Spirit Body that actually defines the boundaries.
 - The Rasha Body goes with the Core Domain; the Rashallah Body with the Inner Domain; the RashaLEa Body with the Middle Domain and the RashaLAe Body with the Outer Domain.
- 4. What is the structure of the Par-TE'-KEi like?**
 - The Par-TE'-KEi has 15 crystalline Geleziac Rings. We refer to the Rings and Spans when it comes to the Par-TE'-KEi Dark Matter Templates of the Rasha Bodies. The Rings are the spaces between the *lines* and the lines are the Spans.
 - Each Ring and each Span has a Core Encryption that has a name sound.
 - The Par-TE'-KEi has Alons, ShAlons and KAlons Crystal Sets within the Fire Chambers, and at 15.5 Span there are the Oron Crystals. Together they are called the "Lons."

- Activation of the Rings and Spans allows for the phasing of the “Lons,” which allows for progressive quantum building and the process of Prana exchange to occur.
- The Alon Crystal Band is where the Prana Joules are stored. The ShAlon Crystal Bands are the Base Tone Crystals, holding EirA type of energy, and the KAlon Crystals hold the Mana type of energy. Orons fire when enough charge is built up.
- The Fire Chambers are the Rasha layer and they run *on* the Allurean Chambers of the Spirit Body, taking the Core Flows from the Allurean Chambers to begin the translation into what becomes Outer Light.
- The Fire Chambers of the Par-TE’-KEi Body take those Core Flows and begin the process of making them into what become the matter flows, which become elements here.

5. What does the Prana Seed represent and what is Prana Exchange?

- At the center of the Par-TE’-KEi Body, there is the Prana Seed that forms at the center of the first Rasha Body by Prana Exchange. The Prana Seed represents the Core Gate that leads to the Tauren and the Spiritual Body.
- In the Par-TE’-KEi Dark Matter Templates of the Rasha Bodies, activations of the Rings and Spans allow for the phasing of the Alons, ShAlons and KAlons Crystal Sets within the Fire Chambers, which allows for progressive quantum building, which allows for the process of Prana Exchange to occur.
- The sparks in the Fire Chambers have to do with making a communication of currents through the center point, the Prana Seed, back *in* to the Allurean Chambers and back into the Spirit Body;
- Prana Exchange is making the connection between the Spirit Body and the Dark Matter Template, forming the Light Body structure.
- Prana Exchange allows the flows from the Outer Light Body structure of the Eukatharaista Body structures to flow through into the Inner Light Body structures, through the Rasha Body structures and into the Spirit Body structure, where you have at the center the Akashic Record and the Hall of Records.

6. What are the NaVA-Ho Cycles?

- Prana Exchange allows for the NavA-Ho Cycles, in which the PartikE for the next Domain Creation Cycle is created. For instance, if you are in the Inner Domain the Creation Cycle for the Middle Domain would be created during the NaVA-Ho Cycle by the phasing of the “Lons.”
- A NaVA-Ho Cycle has to do with the NaVA-Ho Cell, which is the Elemental Command Cell. This Cell is actually what generates the currents that become Light Body Currents. The Elements are families of consciousness that start with the Rasha Bodies.

7. What are the two types of Prana and what is NaVA-Ho Breathing?

- Prana Kei has a positive charge, and Prana Chi has a negative charge. When they phase together, full Prana Sparks are made to open the Creation Point Door.

- The progressive cycles of building sparks by expansion and contraction of the Prana Seed is called NaVA-Ho Breathing or Prana Breath. It activates the sparking of each of the Rings to the point where all of them come together.

8. What has the Rasha State got to do with going through Stargates?

- When the Alons, ShAlons and KAlons come together, they build sparks that progressively charge the Rings and Spans to the point that the Oron Crystals at 15.5 Span *fire*.
- Firing of these Orons allows for the entire Rasha Body to turn into light and pull into the Spirit Body. When it pulls into the Spirit Body, it takes the Light Body Structure and the Matter Body Structure that is outside of it into Rasha State.
- The Rasha State is a state of less dense matter, where it can move and *Orb*. In this Rasha State you can still have the body form or you can turn fully into an Orb and turn yourself into complete light to move through gates.

9. What will happen to a Light Body System when its Prana Seed has closed?

- The Light Body System and its Matter Structure will reach a point where the natural flows can no longer cycle. The Outer Light Body is then basically progressively cut free from its Dark Matter Template or Rasha Body.
- The Rasha Body is what interfaces the Outer Light Body with its AdorA side and the Spiritual Structure.
- The system closes, and each Ring, one at a time, begins a separation cycle from its corresponding Light Body Ring in the Outer Light Body, where the Matter Body is.

10. On a planetary level, what are the Matter Densities the Geleziac Layers form?

- Layers 1, 2 and 3 form the Solid Crystal Core, referred as the Me-ta-Els;
- Layers 4, 5, and 6 form the Liquid Core, referred to as Aquifers;
- Layers 7, 8 and 9 form the Solids, or the Mantle;
- Layers 10, 11 and 12 form the Atmosphere;
- Layers 13, 14 and 15 form the Coronosphere.

11. How and by what are the 15 States of Matter created?

- The 15 States of Matter are created by the 5 Elemental Commands. The 5 Commands combine and create 4 more, those 4 create 3 more, those 3 create 2 more, and then they all create 1 more.

12. What are the 5 Base States of Matter with their corresponding Density and Elemental Command?

- Plasmas, Density 1, The Core, the Ethers—Cloud Command;
- Endoplasmas, Density 2, the Aquifers, the Liquids—Flows Command;
- Ectoplasmas, Density 3, the Mantle, the Solids—Krystal Command;
- Hydroplasm, Density 4, the Gases—Wind Command;
- Thermoplasmas, Density 5, the Vapors—Fire Command.

Vocabulary

1. Adjugate Twin:

The corresponding Element on the AdorA side.

2. Bardoah:

When a Bardoah happens, the Prana Seed closes. This means that a Light Body System and its Matter Structure have reached a point of biological corruption where the natural flows can no longer cycle. Each Ring of the Rasha Body, one at a time, begins a separation cycle from its corresponding Light Body Ring in the Outer Light Body: the Bardoah Ring Waves.

3. Gamma Bursts:

When the Prana Seed has closed, the Sun is no longer able to have any more quantum fuel to keep its Hydrogen processes going. Because there is a progressive releasing of the Dark Matter Template from the Light Matter and Physical Matter Body, Gamma Bursts will come from the Core of the Sun.

4. Big Bang:

Point of creation of the Outer Light Body, called the Eukatharaista Body, that is created simultaneously with the rest of the Inner Light Body.

5. Coronosphere:

Coronosphere is referred to as the Fire Command or the Vapors (burning vapors). It is a living layer of frequency around the Atmosphere that everything is supposed to have.

6. 3 Ena:

The three outer balls, the first three Partiki, within the Tauren.

7. Eukatharaista Body:

The Outer Light Body: 2 Eckasha-Aah Bodies, 4 Eckasha-A Bodies. 1 Eckasha-A Body forms 4 Eckashas. Each Eckasha has an Ecka-Veca System.

8. Four Sheath Body:

Just as the Outer Light Body has Dimensions 1,2,3 and a Density Level, each having a 15 Layer Set, the Rasha Body has the same structure with 4 levels: the 4 Sheath Body.

9. Seven Suns of the Base Shield:

In between the 4 Sheath Body form 3 more on the opposite spin of the AdorA side. Together they form the Seven Suns. The Seven Suns are the Base Shield for the Eukatharaista Body: 4 Base Shields for the Eckasha-Aah Body for the EtorA side and 3 Base Shields for the Eckasha-Aah Body for the AdorA side.

10. NaVA-Ho Cell:

The Elemental Command Cell that phases and perpetually generates the streams of sparks that, on the Dark Matter Level, form the quarks that become the atoms of the different Elements.

11. Transfiguration:

The Transmutation that happens when you allow an Element here and its Adjugate Twin to merge and bond.

12. The “Balls and the Bones” in an Ecka-Veca System:

The bones are the Kathara Grids, which are showing the encryption. The balls are the spheres that form on them; these are actually the Light Cells.

Multiple Choice

1. What is the LUma Eterna?

- (a) Inner part of the Rasha Body.
- (b) The interface between the Spirit Body and the Light Body.
- (c) Inner part of the ELum-Eiradhona Spirit Body.
- (d) The inner cell of the Tauren.

2. What are the 6 Inner Geleziac Layers?

- (a) Core, Aquifers, Mantle, Gases, Vapors, Fire.
- (b) Na'Da, A-Da' Ma, Jha'-Fa, Tao, E-Da, Jha-Da
- (c) Alon, ShAlon, KAlon, Oron, Crystal, Rasha.
- (d) Diad, Miad, Monad, Tao, Nada, Oron.

3. On which Chambers run the Fire Chambers of the Rasha Body?

- (a) The Adashi Chambers.
- (b) The Ascension Chambers.
- (c) The Allurean Chambers.
- (d) The Krystal Chambers.

4. What form has the NaVA-Ho Cell?

- (a) The form of the Kathara Grid.
- (b) The form of the Reuche.
- (c) The form of a Sphere.
- (d) The form of a Spiral.

5. What Currents are perpetually created by the phasing of the NaVA-Ho Cell?

- (a) Gamma Currents.
- (b) Krystal Spiral Currents.
- (c) Electric Currents.
- (d) Geleziac Currents.

- 6. Which type of energy does the ShAlon Crystal Bands hold?**
(a) EirA.
(b) Chi.
(c) Prana.
(d) ManA.
- 7. Which type of energy does the KAlon Crystal Bands hold?**
(a) ManA.
(b) ManU.
(c) Magnetic.
(d) Prana.
- 8. What are Gamma Ring Waves coming from the Core of the Sun?**
(a) Energy Bursts.
(b) Bhardoah Ring Waves, each emitting Gamma Bursts.
(c) New energy the Sun produces.
(d) Solar storms.
- 9. How many natural Elements should be on the Periodic Table?**
(a) 1728
(b) 72
(c) 256
(d) 144
- 10. Who are the Aquafereion Race?**
(a) Descendents from the original Races of Atlantis.
(b) The Race from Tara.
(c) Members of the UIR.
(d) Angelic Human hybridized with the original Krystic Race.
- 11. How many Eckasha-A Bodies are formed within the Eukatharaista Body?**
(a) 6.
(b) 4.
(c) 2.
(d) 8.
- 12. What journey do you have to do first to be able to go to the Adashi Temples?**
(a) Journey to the Eye of God.
(b) The Raising of the Eiradonis.
(c) The Access Key Journey.
(d) The Adashi Journey.

Multiple Choice Answers:

1.C, 2.B, 3.C, 4.B, 5.B, 6.A, 7.A, 8.B, 9.D, 10.D, 11.B, 12.C.

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