

E-BE Class 6

E-BE DVDs Counter Time: ([Evolutionary Path...] DVD 2) 01:20 – End.

Questions and Answers

- 1. During the exercise in which we built the Pillar of Light from the top of our head to Mintaka, the God Seed spoke to us through a _____?**
 - Transmission of Light.
- 2. If this Pillar of Light exercise is done regularly it will begin to create an _____?**
 - Easy passageway for translation of information to come through. Writing is a great tool. Sometimes it is easier for the God Seed to transmit a current through the Heart Chakra and down the hand than it is to transmit directly into your mind if your brain is getting in the way and if you are still caught up in belief patterns about whatever you are wanting information about and aren't open enough. Sometimes the Channeling will just flow out if you write. If you take this process seriously it will transform your life.
- 3. To further open this Channel, Ash recommends that you work with _____?**
 - Journal keeping.
- 4. When you walk into a body or “go into a gene code” what happens?**
 - Walking into a body or going into a gene code pulls the veils right down. The above-mentioned exercise will begin the opening process of the gene code so that higher levels can come in.
- 5. In the exercise the small point of light in the Pineal Gland represents what?**
 - The focus of your conscious awareness. This small point of light is used as a vehicle for your conscious state of awareness to travel out of the body and into other dimensions and frequencies.
- 6. In the exercise Ash uses a crystal to represent _____?**
 - The core Morphogenetic crystal of the planet Merkaba of the Orion star system.
- 7. From the outside the crystal may look like a minute crystalline structure, but from the inside it is a _____?**
 - Huge spherical reality field.

8. **What is used to move your focus of intention from the 14th Chakra upwards?**
 - Your breath.
9. **This opened space may also be used to draw energy for _____ or to retrieve _____?**
 - Healing; incarnational memory.
10. **Consciousness may be moved beyond the God Seed into _____?**
 - Source.
11. **How many Hova Bodies do we have?**
 - Eight. We have a level of identity in each Hova Body.
12. **When you get ordained the process of Oversoul integration starts. When you get initiated without being ordained, the process of _____.**
 - Integrating your Soul starts. You don't have to be initiated to be ordained, as the process of getting ordained will initiate you.

Vocabulary

1. Mintaka Core:

The threshold where time and no time meet; where the finite and infinite go into each other..

2. Third Chakra:

The Third Chakra is in the Solar Plexus region, where you connect your link in the exercise from the God Seed to your 3-dimensional identity.

3. Cosmic Egg:

The golden egg you created in the exercise. It is your connection to the cosmos. Each one of us has one, and as a collective we have one. Take this energy egg with you wherever you go as a golden bubble of protection. It is important to develop the ability to have a part of your consciousness in this egg at all times.

4. Blue Star of David image:

Taps you into the 12th dimensional frequency band where your Avatar consciousness is stationed. It will also tap you into the frequencies of the color blue, which are associated with and will connect you to the 5th dimension. The Blue Star of David image serves as a bridge through which you can start to link the levels of your identity to form a communication conduit that can talk to you and guide you. This will be the guidance you need if problems develop on this planet that get frightening.

5. Drakon:

Reptilian beings that run around in human form and are part of the takeover team. They are *not* good guys. D4 vision is needed to see them. They send lines of energy out to the person's chakra system and put in a link that will allow the person to be "messed with." It is possible to go home with a Drakon and not be aware of the link.

6. Montauk tunnels:

Montauk tunnels are artificially created time tunnels that were made during 1943 and 1983. They were created by the military. These tunnels connect to Giza, and are being used to help stop the Stellar Bridge from grounding.

7. Spaceships:

Spaceships are vehicles of consciousness that translate into an image of a spaceship when we process them through our perception.

8. Aim High:

"Aim High" means aiming your consciousness over the Avatar level, over the Rishi level and into the God Seed. In this way, you can cut out all of the middle stuff that might be a problem. So, aim high and take your bubble with you.

9. Molecular compaction:

The result of too much frequency in a system.

10. Ordained Initiate (Minister):

An Ordained Initiate is ordained on the first level and begins to integrate the Oversoul identity into the Soul identity.

11. RaB'nai:

2nd level of ordination. Brings in the 9th dimensional imprint and the connection to the Monad identity.

12. Regent:

3rd level of ordination. Someone who has fully integrated his or her Christed level of identity.

Multiple Choice

1. The small point of light may be seen as a spaceship or a _____?
- (a) Hova Body
 - (b) Ethos shield
 - (c) Merkaba field
 - (d) Kathara Center

2. **The point of light leaves the body at which Chakra?**
 - (a) 14th
 - (b) 10th
 - (c) 11th
 - (d) 7th

3. **A crystal is used to represent the planet Merkaba in what star system?**
 - (a) Urtha
 - (b) Lyran
 - (c) Orion
 - (d) Pleiadian

4. **What color is used for the large energy egg with which you surround yourself in the _____ exercise?**
 - (a) Silver
 - (b) Indigo
 - (c) Gold and Silver
 - (d) Gold

5. **The space you create in Mintaka gives you easy access to the _____ level of your identity.**
 - (a) Soul
 - (b) Oversoul
 - (c) Rishi
 - (d) Avatar

6. **This space also works as a platform to the _____ level and the _____ level.**
 - (a) Soul; Oversoul
 - (b) Oversoul; Master
 - (c) Avatar; Master
 - (d) Avatar; Rishi

7. **The gold energy egg around you expands from the 8th dimension through the _____.**
 - (a) God Seed
 - (b) Energy Matrix
 - (c) Monad
 - (d) 9th dimension

8. **After expanding through the Energy Matrix, you next expand into the _____ and then into the _____.**
 - (a) 9th dimension; Monad
 - (b) 9th dimension; God Seed
 - (c) Monad; God Seed
 - (d) God Seed; Monad

9. **What cycle are we entering?**
(a) Incarnational Cycle
(b) Stellar Activation Cycle
(c) Ascension Cycle
(d) B and C
10. **The Kathara Grid has _____ spheres.**
(a) 8
(b) 12
(c) 10
(d) 9
11. **Each sphere of the Kathara Grid represents _____ strand(s) of the DNA.**
(a) 3
(b) 6
(c) 9
(d) 1
12. **An Ascension Cycle has a _____ alignment.**
(a) Vertical
(b) Linear
(c) Horizontal
(d) Diagonal

Six Steps Toward Joy

6. Honor Your Whole Being: Pay attention to the signals of your body, mind, emotions—Spirit-Inner-Child-Adolescent-Master, and honor the needs of your multiple parts in a balanced way. Find out what YOU really need, and give to others only that which makes you feel joyful to give freely. **What do I REALLY need right now? Am I giving freely in joy or am I giving to receive? How can I fulfill my own needs?**

(Taken from *Angelic Realities* handbook, page 78.)

Multiple Choice Answers:

1. C, 2. D, 3. C, 4. D, 5. B, 6. D, 7. B, 8. C, 9. D, 10. B, 11. D, 12. A.

The dynamics of the emerging MCEO materials involve the reality that the detailed understanding of major topics is under continuous development; therefore, the contents, and level of detail herein, are as advanced as possible UP TO the date of the workshop recording.