

# E-BE Class 12

E-BE DVDs Counter Time: ([Entering the 5<sup>th</sup> World] DVD 1) 00:40 – End.

## Questions and Answers

- 1. What are the two points Ash states about the current importance of DNA in a Stellar Activation Cycle (SAC)?**
  - a) Planetary: Humans, who can carry anywhere from 4<sup>th</sup> to 12<sup>th</sup> Dimensional frequency activated in the body, can progressively clear the blockages out of the Scalar Grids so they can re-align the Scalar Wave Templates that make up the Planetary Grids. With those blockages removed, the planet can start holding and processing the energy coming in.
  - b) Personal: Most biological life forms have a natural adaptability; their DNA templates are built in such a way that if certain frequencies come in from the Sun, dormant coding in the DNA is activated so they can progressively become able to pull in that frequency and are able to move through a Stellar Activation Cycle *without having biological harm come to the body.*
- 2. What is Bio-Regeneration?**
  - Regenerating the Original 12-strand DNA Pattern
  - Bio-Regeneration Techniques use the mind to direct energy to open up conduits in the body. The techniques facilitate Kundalini activations, DNA activations and Merkaba activations, which prepare the body to hold frequency.
- 3. What has Anunnaki and Drakonian hybridization caused?**
  - It has created distortions in our DNA template that do not allow the natural higher frequency activation to take place.
- 4. Explain simply: What are Planetary Shields?**
  - The Scalar Wave Blueprints upon which the Planetary Base manifests.
- 5. What is happening when you think a thought?**
  - You are generating a Scalar Wave Form that goes into the larger Scalar Wave Pattern of the body, and manifests a condition.
- 6. What is the Emerald Covenant?**
  - An interstellar treaty all the way up to the 5<sup>th</sup> Density (Harmonic Universe 5) and Dimension 15 that was made 248,000 years ago. It's a promise of support by many different interstellar nations to assist human beings on Earth to re-evolve back into the 12 Strand beings they were intended and created to be, so they can reclaim their original commission.

**7. What was the Original Human Creation Commission?**

- To serve as Guardians and Keepers of the Interplanetary and Universal Templar Complexes

**8. Ash explains our connection to Parallel Earth—what has happened and what is being done—in great detail. Can you explain the Connection/Problem/Intervention/Solution in context with the Bridge Zone Project?**

a) Connection: There is a place called Parallel Earth that is connected to us in our timeline. It's the Anti-Particle version of our Earth. In between there's a place called Inner Earth. They are literally 3 separate but interwoven reality fields that travel the same tracks of time, just at speeds a little bit different.

b) Problem: Parallel Earth runs ahead of us in time by several years. Right now (at the time of this workshop) Parallel Earth is going into pole shift in their timeline, because over there the Anunnaki as the Pleiadians came in first and introduced themselves as our space brothers, and then the Zetas and the Dracos came in and tried to take over the Anunnaki. It all went to heck very quickly.

c) Intervention: If nothing was done, if Guardian Races hadn't intervened, the same scenario that Parallel Earth was experiencing would have manifested here, because that's how it works. It comes into Parallel first—the Anti-Particle Universe manifests there—and then comes down here. We are connected to Parallel and Inner Earth reality systems *literally biologically through our DNA templates*. We are literally linked to our doubles and Inner Earth selves, and Earth's Planetary Grids are literally linked to Parallel and Inner Planetary Grids, so what affects one under normal circumstances will affect the other.

d) Solution: What can be done in a situation like this, to stop this from occurring, is a literal breaking of the time vector line and plugging this time vector line that Earth is running on into a different rhythm. Getting it to change rhythm and shift, where it's literally taking one time band and splicing it into another. That is what is being done here. It's called the Bridge Zone Project.

**9. Name some of the symptoms of 4th Strand DNA Template activation?**

- Jittery energy, hot flashes, cold flashes
- Visions, inner hearing (Higher Sensory Perception)
- Feeling energy running through your body
- Feeling presences
- Different types of fatigue

**10. Ash goes into great detail about the benefits and technicals of the Temporary Maharic Seal Technique. What are you co-creating when you do this technique?**

- Simple: A temporary 12th Dimensional seal in your Bio-Energetic Fields.
- A protection device, but even more important, it activates the DNA in its natural sequence and pushes the “reset button” on the body
- A natural phenomenon that would occur in your Bio-Fields naturally if you had full 12th Strand Template activation, but it takes a while to build that type of activation when you're re-generating the imprint. If you practice this technique, it

will progressively help the body to hold *more and more* 12<sup>th</sup> Dimensional subharmonics, which will progressively activate the strands faster, but in a harmonious, natural way that will clear out any distortions that are in the strand template and also begin the process of more rapid expansion of your conscious awareness.

### **11. Explain a bit about the Indigo Children?**

- They are a very specific hybridization program that have the original human template, but more. They have the capacity to activate 24–48 Strands of DNA, which means they can hold that many dimensions of consciousness in a body, if they activate it. Not all of them will, and not all of them have that much coding, but what all Indigo Children have in common is that they come in with a very "unique for our time period" DNA strand configuration of 6th strand template activation, which allows them to hold 6 dimensions of consciousness.

### **12. What is the true inter-galactic heritage of humans?**

- The Core Template we started with was the Lyran-Sirian Imprint; that is how we got into Density.
- We came down from Density 4 Anuhazi down into Density 3, then they created something from the Anuhazi called the Azurites, which are the Sirian Blues. And then the Sirian Blues in Density 3–2 created another race called the Oraphim (Light Bearers). They were the Seed Host for what became the human lineage.

## **Vocabulary**

### **1. Scalar Wave**

A pattern of light and sound that is fixed as a standing wave that holds its form. It is the Template of Manifestation on the universal and personal level.

### **2. DNA Template**

Blueprint behind the DNA that runs frequency if it's activated.

### **3. Parallel Earth**

Anti-particle version of our Earth.

### **4. Tough Love**

Love with a sense of power. Kind, nurturing, and assertive.

### **5. Priests of UR**

Guardian Alliance members.

### **6. Merkaba**

A set of counter-rotating spirals of electromagnetic fields around and within the body

### **7. Time Vector**

A particle pulsation rhythm that is part of a time continuum; i.e., there are six Time

Vectors in a planet's time continuum.

### **8. Simultaneous Incarnation**

Time is simultaneous; you have simultaneous selves in different Time Vectors.

### **9. Emerald Order Melchizedek Cloister**

They are the original Consciousness Gestalts out of which humanity was created.

### **10. Sub-strand DNA Matrices**

They contain stellar coding from other life forms.

### **11. Christos Template**

Our 12th Dimensional level crystalline liquid-light Pre-Matter Template.

## **Multiple Choice**

### **1. What was the Original Strand Template of humans?**

- (a) 2 strands
- (b) 4 strands
- (c) 12 strands
- (d) 6 strands

### **2. What frequency range is needed in the DNA to start to clear blockages in the Scalar Waves?**

- (a) D 4–12
- (b) D 6–12
- (c) D 1–3
- (d) D 2–4

### **3. What DNA strand activation are we functioning on right now?**

- (a) 4 strands
- (b) 3 strands
- (c) 12 strands
- (d) 7 strands

### **4. When was the Angelic Human created?**

- (a) 30,000 Years Ago (YA)
- (b) 560 Million Years Ago (MYA)
- (c) Yesterday
- (d) 2 MYA

### **5. How do the beliefs, words and ideas you hold in your consciousness manifest in your reality?**

- (a) Sitting and waiting.
- (b) They set an electromagnetic mathematical geometrical grid into your body's Manifestation Template and into your reality field.

- (c) Through your hands.
  - (d) Only by hoping they will manifest.
- 6. Why is simultaneous incarnation taught instead of reincarnation?**
- (a) Because it's fun!
  - (b) Because time is simultaneous and reincarnation doesn't really apply.
  - (c) So it doesn't appear to be a hierarchy in terms of structure.
  - (d) To be different.
- 7. What are some of the effects you will get from your simultaneous selves in DNA activation?**
- (a) They will pop up and say hello.
  - (b) Karmic bleed through.
  - (c) It will make you stronger.
  - (d) It will make all your problems disappear.
- 8. What is the idea of Christ Consciousness?**
- (a) Bringing the polarity together and harmonizing it.
  - (b) Stating I'm in Christ Consciousness now, polarity isn't a reality.
  - (c) Meeting Jesus.
  - (d) Being Religious.
- 9. What do all Indigo Children have in common?**
- (a) They have 24-48 strands activated when they come in.
  - (b) They have super powers.
  - (c) They consciously remember the birthing process.
  - (d) They come in with 6th strand template activation.
- 10. A Melchizedek Ordination \_\_\_\_\_?**
- (a) is a Bio-field transmission from someone who has the strand-template frequency.
  - (b) accelerates your Bio-Regenesis process.
  - (c) Both A + B
  - (d) is something that allows you to learn the Freedom Teachings.

## Six Steps Toward Joy With Others

- 6. Humility:** Humility is knowing your true place in relation to the universe and the environment around you. It is knowing that you are not above or below others, and that all beings and things are part of God and therefore, all should always be treated with Love, Honor, Kindness, Respect, Mutuality, Allowance, Responsibility and Reverence.
- Do I act with Humility?**

(Taken from *Angelic Realities* handbook, page 80.)

**Multiple Choice Answers:**

**1. C, 2. A, 3. B, 4. B, 5. B, 6. B, 7. B, 8. A, 9. D, 10. C**

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