

Amenti Class 8

Amenti DVDs Counter Time: (DVD2) 01:40–02:20

Questions and Answers

1. Which Root Races were not as physical as we are now?

- The Polarian and Hyperbornean races. They were more “ghost like,” or less dense physically, but still lived in the 1st Harmonic Universe (HU) and were conscious and lived as a race.

2. Which was the first fully physical race?

- The Lumanians. They evolved for many thousands of years. The Lumanians on Earth came out of an affiliation with a place on Tara called Lumia. Those in that Root Race carried a stronger version of the genetic code from the Lumian Taran strain.

3. What is the significance of the Aryan Root Race?

- Every race on the planet right now is part of the Aryan Root Race. We represent the 5th stage in the processing of the 7 root races. It has nothing to do with the Aryans as described by Hitler.

4. What happens when we as a species get to the stage where the dominant root race is the Paradisian?

- These are actually the Turaneusium, so at that point we will be able to plug back in the genetic codes that are carried by the Cloister Races, and we’ll be able to transmute ourselves as a race over large expanses of time into the T1 prototype.

5. How can we accelerate the process of our evolution?

- By activating the dormant DNA codes that are carried within the cell nucleus. And by clearing the genetic distortions within our DNA that are preventing our “junk” DNA from assembling and plugging in. This includes, but is not limited to, the distortions created by the Elohim that were previously discussed. Other ET groups at different times also messed with our genetic codes.

6. Where is our Higher Self (HS) located in terms of energy dynamics?

- Within each dimensional frequency band there are 4 primary frequency bands, namely the ultra low frequency, the low frequency, the high frequency and the ultra high frequency. This is true of each dimension in our 15-Dimensional system.

They are bands of energy pulsation. Right now, our consciousness is stationed in

the mid range, between the low and high frequency bands. We perceive within this perceptual field. We perceive as physical matter anything that exists within these frequency bands, and we won't perceive as physical anything that exists above them. We see part of D2, and part of the ultra low and low frequency from D3. And when we look under a microscope we're seeing D1. This is our waking I AM self.

While some people say our HS is our Soul, our HS is actually a bridge between our Soul (D4, 5 & 6) and our conscious identity. Our HS is stationed within the ultra high frequency bands of D3, and it creates a bridge to the Astral, 4th dimensional level of our awareness.

7. Where is our Avatar Identity located?

- In the 4th Harmonic Universe, dimensions 10, 11, 12.

8. Where is our Rishi Identity located?

- In the 5th Harmonic Universe, dimensions 13, 14, 15

9. What does it mean to say that when we reach the 7th dimensional level, we are no longer single identities?

- At this level, we start to realize that Identity is One in Many, all at the same time. We become part of the planetary Logos, the planetary spirit, the identity of the planet. Eventually we evolve as a consciousness to know our I AM presence as being the entire 15-Dimensional Matrix. We know ourselves as the Unified Field, and it is at that stage that we're ready to go home to God.

10. What chakras are activated when we start to actively make contact with our Higher Self?

- The 2nd, 5th, 11th, and 13th chakras. When these chakras activate in synchronization, they begin the Reverse Mutation process. This will automatically begin to dismantle the "stop" the Elohim put on us a long time ago. Once that is removed, it will start to activate these energy centers and rebuild the DNA.

11. Describe the process of "channeling" in energetic terms.

- You're bringing an energy signature into your energy field—it's interacting with your fields and is translating through your neurological structure into language and image patterns that are familiar to your biology. However, if you do so without first protecting and sealing your own fields, you can cause yourself major problems. Channeling is not endorsed by the Freedom Teachings. Instead, we focus on embodying our own higher levels of identities, such as our own Avatars and Rishi selves.

12. What is the significance of practicing Energy Sensing techniques?

- They teach us the skills neurologically to begin sensing the different levels of our own HS. For example, crystals have a strong field that is easier to sense, and no two crystals are alike in their rate of movement. So by learning to distinguish

between vibrational speed of energy signatures you can begin to learn to distinguish the vibrational speed of your own consciousness as you know it on a day to day basis. And so you'll begin to recognize when the energies from your own HS enter your system.

Vocabulary

1–7. Root Races:

1. Polarians:

2. Hyperborneans:

Both of these races were not as physical as we are now. They were more “ghost like” composition of matter, far less dense than we are now. They were conscious and lived as a race in HU1.

3. Lumanians:

These were the first physical race to appear on the planet. They came out of an affiliation with a place on Tara (HU2) called Lumia. Those in that root race carried a stronger version of the genetic code from the Lumian Taran strain. They evolved for many thousands of years.

4. Atlanians:

This Root Race came out of a place on Tara called Atlania and carried the stronger version of the genetic code from Atlanian strain.

5. Aryans:

Every race on the planet right now is a part of the Aryan Root Race. We represent the 5th stage in the processing of the 7 Root Races. We technically have two more to go. Which means that most of us would experience reincarnation with the 6th Root Race and the 7th in order to build into our consciousness the full 12 codes that would allow us to remanifest ourselves in the 2nd HU.

6. Meruvians:

These are just beginning to come in. There are humans that are carrying what are called Meruvian codes within their gene structures. They will have a bit more easy access to what we call psychic abilities, to strange abilities that seem super human compared to us. Some are being born as babies. It will many years before they become the dominant race. The Aryan race is the dominant race currently.

7. Paradisian/Turaneusium:

When we finally get to the point where we have evolved into the 7th Root Race gene code, we will be back to what we are, because the Cloistered Races have kept the original pattern within our gene pool the whole time. Once we have hit the 7th Root Race we will be able to “plug in” all the genetic codes that are carried by these Cloister Races over

larger expanses of time back into the Turaneusium 1 prototype that we came out of.

8. Identity Consciousness:

Each dimension is further broken down into 4 primary frequency bands. Each one has an ultra low frequency band, a low frequency band, high frequency band and an ultra high frequency band. These are bands of energy pulsation.

Right now our consciousness is stationed within the mid range between the low and high frequency bands. We perceive within this perceptual field. We perceive as physical matter anything that exists within these frequency bands. We won't perceive as physical matter anything that exists above them. When we look out around us we see part of dimension 2 and the ultra low and low frequency of dimension 3. When we look under a microscope we are seeing dimension 1.

An aspect of our identity, a part of our energy patterns and our consciousness, exists with each of the 15 dimensions. The process of our personal evolution is the process of bringing more and more of these higher dimensional aspects of ourselves and our identity into our body and into focus in physicality.

9. Higher Self:

Some people say our Higher Self is our soul. But that's not really accurate. Our Higher Self is the bridge between our soul identity (D 4-5-6) and our consciousness. Our HS is stationed within the ultra high frequency bands of the 3rd dimension. It creates a bridge to what's called the Astral level of our awareness, which is the 4th dimensional level of our identity.

Your HS will help you do a lot of things. It holds a lot of information. It holds information about your gene codes, and it also has access to the information of the soul levels.

Incarnate (D 1-2-3), Soul (4-5-6) and Oversoul (7-8-9) are all parts of our personal identity that each one of us is connected to.

In HU 4 (10-11-12) is our Avatar level of identity. After you get past the 7th dimensional aspect of identity you are dealing only with energy identity. It is no longer able to be housed in a biological or matter system. It is pure energy consciousness. It appears as a blazing sun if you were able to see it from here.

Rishi is our HU 5 level of identity. Here we are no longer singular identities. We become part of the planetary Logos, planetary spirit, the identity of the planet, and then the galaxy, and eventually we evolve as consciousness to know our selves—I AM presence— as being the entire 15-Dimensional Matrix. We know ourselves as the Unified Field, and it is at that stage that we are ready to go home to God.

Reverse Mutation:

When we begin to take steps to actively make conscious contact with the HS, it does a couple of things to our energy systems. It activates certain chakras—chakras 5, 11, 2 and 13 at the center of the Earth. When we begin to use our minds in a way that is directing energy to making energetic conscious connection with our HS, it activates those four chakras. When those four chakras activate in synchronization they begin a reverse mutation process. So, without having to understand all about our DNA and what part means what, we begin to actively make a bridge when we learn to channel our HS consciously, when we learn to dialogue with it. When we can learn to put ourselves in that state and bring that state into our body, it will automatically activate those chakra centers and it will automatically start dismantling the genetic “stop” the Elohim put on us a long time ago. Once we remove that, and once we activate these energy centers, it will naturally start the rebuilding of the DNA process. So working with the HS is much easier than trying to figure out the DNA and what parts belong to where and “how do I do this.” The HS will tell you your level of awareness, what is right for you to do next in this process.

10. Energy Sensing:

Tuning the mind into the direction of sensing subtle energy patterns. We're used to thinking “I see this and this means this.” If we learn to use our thoughts in a different way, we can learn to sense those energies that we can't see. As we learn to sense the energy of objects and things here, it will teach us the skills that we need neurologically to begin sensing the different levels of our Higher Self. We'll learn to channel our HS the more we sense energy, the more we learn to translate energy through our bodies. E.g., crystals have a strong field that is easier to sense, and no two crystals are alike in their rate of movement.

11. Main Vertical Current:

This is an energy current that runs directly through the center of your body, up into the higher chakras (Chakra 14, 36 inches above the head) and down into the Earth core.

Multiple Choice

1. The seven Root Races are Polarian, Hyperborean, Lumanian, Atlanian, Aryan, Meruvian and Paradisian/Turaneusium. One of these races is being born in this present time. Which race is it?

- (a) Atlanians
- (b) Meruvians
- (c) Paradisians
- (d) Aryan

2. At present we have only two strands of DNA. How many strands should we really have?

- (a) 6 strands

- (b) 8 strands
- (c) 12 strands
- (d) 24 strands

3. How many Harmonic Universes are there in this Time Matrix?

- (a) 5
- (b) 10
- (c) 12
- (d) countless

4. Choose from below the correct order of our different levels of identity in the five Harmonic Universes:

- (a) HU 1 Soul, HU 2 Physical Body, HU 3 Oversoul , HU 4 Avatar , HU 5 Rishi
- (b) HU 1 Physical Body, HU 2 Soul, HU 3 Rishi, HU 4 Avatar , HU 5 Oversoul
- (c) HU 1 Rishi, HU 2 Avatar, HU 3 Oversoul , HU 4 Soul, HU 5 Physical Body
- (d) HU 1 Physical Body, HU 2 Soul, HU 3 Oversoul , HU 4 Avatar , HU 5 Rishi

5. An aspect of our identity, a part of our energy patterns and our consciousness, exists within each of the 15 dimensions.

- (a) True
- (b) False
- (c) Cannot be determined
- (d) Varies depending on the situation

6. Who were the Nephilim?

- (a) They were a visiting race from another planet.
- (b) Giants living on Earth, with a very high intelligence.
- (c) They were mutations created by Sirian Annunaki fathers who had mixed with Atlanian and Aryan Earth mothers.
- (d) Both b and c

7. This dimension/frequency band in our Harmonic Universe is composed of sub-atomic molecular components. Which dimension/frequency band?

- (a) 1
- (b) 2
- (c) 3
- (d) 4

8. More complex elemental units that form our bodies, the water in our bodies, and the molecules that compose our bodies, are in which dimension/frequency band?

- (a) 5
- (b) 4
- (c) 3
- (d) 2

9. Where does our Main Vertical Current exist?

- (a) In our feet.
- (b) It is a vertical line that runs through the center of our physical body, extending up to our 14th Chakra 36 inches above our head and down to Chakra 13 in Earth's core.
- (c) In our Auric Field.
- (d) In our hands.

10. Why are you advised to have a straight back when you do “energy sensing?”

- (a) You are bringing in energy through your palms, up your arms and into the Main Vertical Current.
- (b) Energy gets distributed through other parts of your body cells.
- (c) It allows for a smoother line of transmission for the energy that is coming in through your palms.
- (d) All 3.

Attitudes & Responsibilities of Mastery

Attitude of Mastery #8

IMPECCABILITY — Upholding and Protecting the ALL-ONE-ness.

Responsibility of Mastery #8

PATIENCE: God Source has its own schedule! We can either acknowledge this intrinsic reality of manifestation and choose to work co-creatively with the God-Source within, trusting that together you and the universe will create the perfect "Divine Right Timing" (and if that isn't "Right NOW," there IS a very good reason for this), or you can let the ego-self try to force its will upon the intrinsic nature of time. If time does not cooperate with your expectations, you can "let that be OK, and trust in Divine Right Timing" or you can progressively frustrate yourself with attachment to the artificial time of clocks, and choose to believe that you cannot have what you desire just because it does not appear when you demand. If we learn to relax, and realize that most things we desire we can indeed achieve in Divine Right Time and Order, we can learn to work co-creatively with the consciousness of time. We will often then find that our lives will progressively better conform to our wishes, especially when we ask *nicely* rather than DEMAND, and also when we *trust* the universal God-Source to do its part in our co-creation. Patience is a virtue that reflects our comprehension of the nature of Universal Order.

Multiple Choice Answers:

1. B, 2. C, 3. A, 4. D, 5. A, 6. D, 7. A, 8. D, 9. B, 10. D

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