

Amsterdam Class 1

AMST (DVD 1) Counter Time: 0.00 – 1.18

Questions and Answers

1. What does A'sha mean by “ideological healing,” and why is this so important?

- She means the necessity of letting go all false core beliefs that we—as a race—have been fed since the Atlantean period, and recollecting our true memories about who we are, where we come from and the purpose of our lives and of Creation.
- Disempowerment, limitation and lack of purpose are characteristic of these beliefs, and have given us a distorted self image that we almost take for granted because of growing up with the beliefs for ages and ages. This belief system keeps us in slavery and holds us back from the Path of Ascension and creating a civilization based on harmonious, Kristiac principles.

2. What does the Creationism model, and religions in general, teach primarily, and what does that do to our self image?

- It teaches us to give up sovereignty, to submit to an authoritarian and wrathful god outside of ourselves who tells us what to do and not to do in order to go to heaven after death. As these different gods have different names and agendas, they fight with each other and so do their followers, causing even more misery on Earth.
- It creates a self image that makes us feel powerless and is based on fear. It discourages us to think and investigate for ourselves.

3. What does Evolutionism/Science teach primarily, and how does it influence our self image?

- It teaches that humans evolved from apes and/or from the colliding of atoms or elements. It teaches that the whole of Creation was an accident, without purpose and without anybody behind it. It says that consciousness is an aspect of the body and that there will be nothing left after death.
- So it leaves us with a self image that is meaningless and a life without purpose, furthering a materialistic lifestyle that is focussed upon the outside of life.

4. How do the Freedom Teachings handle this polarity?

- They do not see this as polarity because they consider science and spirituality to go hand in hand. All spiritual concepts within the FTs can be explained in scientific terms, and vice versa. Some parts of this work are very scientific

quantum mechanics about Partiki, Partika and Particum and how they set the structure of Creation in motion, and how they are an aspect of the consciousness of God-Source.

- They also explain how Fallen Angel (FA) groups took the natural Kristiac technologies and frequencies and distorted and reversed them for their Anti-Kristiac Agendas.
- Above all we are taught that we exist within the consciousness field of God-Source, that even in the worst of what we call Falls, where you become completely oblivious to the fact that you are connected to anything, it doesn't change the fact that *all manifest creation occurs within the consciousness body of God-Source*, the Unified Field of Consciousness. So the FTs give us—more than any other paradigm—genuine hope and purpose that is not built on blind faith.

5. How was the race memory of Humans erased, and what is the consequence of this for Human Evolution?

- This was done during Atlantean times by creating unnatural alterations in the electromagnetic fields of Earth and in the solar radiations, which changed Earth's magnetic grids. This mutated the human DNA and wiped out portions of our memory. The technologies used for this are referred to as the Blank Slate Technologies or the BeaST Machine.
- It changed the biological holding ability for consciousness—which means that the vessel that Spirit should be able to use as the focus of consciousness became distorted. This also gave a distorted image of self, because once Spirit brings part of itself into the biological form, it is cut off from the rest of itself and can't remember where it came from, and it has forgotten that it is part of a bigger spiritual Family.

6. What happens with Spirit and personality when a baby—or actually a fetus—can evolve under natural circumstances?

- When the personality part of consciousness is allowed to evolve naturally with ideas that are in harmony with cosmic structure, it will naturally open and blend with its Spirit part, which existed before the personality appeared. There will be no division between the understanding of itself as Spirit and itself as Spirit focused in manifestation. It will also have different genetic abilities because the doors between the two parts of consciousness, the doors to the atoms, are open.

7. Where did the religions on Earth come from?

- They came from the 12 original Legions of the Kryst, each of which had a piece of the cosmic knowledge to hold and be guardian of. They were all speaking an element of the same cosmic eternal truths. Re-Legions were the taking of the teachings of those 12 Legions and using part of them and distorting other parts to turn them into control dogmas.

- 8. Why do religious texts such as the Bible or the Koran have such a deep impact on so many people ?**
 - Because there was enough left in the texts to feel the encryption or energy signature underneath the words and give a feeling of recognition of it as truthful. So it draws up parts of very old memory, and then blends it with lies.
- 9. How can thoughts influence the DNA?**
 - Every thought is an energy form that will create a chemical reaction that runs through the body. This appears as a chemical reality in the DNA, in the brain, the central nervous system, and in the body itself. This is especially the case with core beliefs; some of them are conscious, but more are in the emotional body level, where they are more subconscious and influence the subconscious mind.
- 10. How do the FTs explain the statement that “we are created in the image of God”?**
 - The FTs teach that 1) God is pure consciousness; and 2) we are pure consciousness as well. This means we are cosmic beings with a body that is a manifestation of that consciousness in order to experience a manifest world. This implies that we came here with a history, a meaning and a purpose that we can re-collect. It also implies that we were created with a life purpose to live a life based on Kristic principles. It means that we can have direct and immediate contact with God-Source without mediation of somebody outside of us.
- 11. What happened March 25, 2007 to our sun, and what is the consequence of that event for our solar system?**
 - At that point in time the Prana Seed inside of the sun was unnaturally forced to close by FA groups. The Prana Seed represents the core gate and the sun's ability to continually generate fuel. So the sun entered a Bhadoah Cycle, which is the death cycle. Bhadoah means that the Dark Matter Template or Rasha Template of the sun separates in 15 stages from the Light Body matter structure, one Geleziac Ring after another, emitting increasing outbursts of gamma radiation.
 - The consequence of this is that the sun lost its potential for ascension, and so did the whole Solar System. It would have destroyed all life on Earth within 50 years if help had not come.
- 12. What is the AquA'elle Matrix, and how is it connected to this drama and Jesheua-12?**
 - The AquA'elle Matrix is the Ascension Matrix that is connected with our Milky Way galaxy. This Matrix and a few other Matrices function as Host Matrices for our Solar System and Earth. Because they created buffer fields the dangerous gamma radiations of the dying sun can now be transmuted and there will be more time left for the Ascension gates to stay open—another 223 years.

- Jesheua-12 left a hidden seventh descendant line before he ascended from Earth. The people of this line carry the codes that are needed to make the bridge to the AquA`elle Host Matrix. Most of them live in southern Ireland and Holland.

Vocabulary

1. Kryst:

The words Kryst, Krystal, and Krystallah come from Ka-Ra-Ya-Sa-Ta-Ha-La, which are the first set of 7 vibrational encryptions that emerged from Source into outer audible sound tones. They are the Tonal Core of outer first Creation.

2. Encryption:

An encryption is a set of vibrations that hold intention. Eternal Life emerged from the original Core Encryption coded within the first Partiki, called the Kryst Code. Every thought is an encryption that takes us closer to or further from alignment with Source. Core Encryption is a return to the Divine Blueprint encrypted in our Partiki; the Kryst Code.

3. Keylontic Crystalline Transmission:

A wave transmission form of data exchange—very different from channelling—in which a pre-recording of information in the form of digital data packages called Keylontic Symbol Codes is brought into one's bio-energetic fields via remote electronic transmissions. Through the natural biochemical and electrical translation process inherent to humans, the information would translate into one's native language and appear in one's mind as direct cognition, formatted into either word or image pictures. Unlike channelling, the personal consciousness remains within its usual conscious focus during these transmissions. No other entity comes into the body to use it as a vehicle.

4. Junk DNA:

Junk DNA are those little pieces of the DNA and genes that are still floating around someplace in the DNA but are not coding for protein, so they're not turned on in the DNA. This is the result of electromagnetic distortions in Earth's planetary shield that literally shredded parts of the DNA and created unnatural sequences of genes.

5. Resurrection:

Jesheua ascended to the AquA`elle Matrix in 27 AD by a process called resurrection, which means the Raising of the Eiradonis.

6. NET:

Niburian Electrostatic Transduction fields. These are Black Hole Technologies that were created in Atlantean time (ending 9558 BC) to keep Earth and her life forms in a

prison planet. The NET fields keep the DNA block locked in. The NET is connected to the Hibernation Zones.

7. Hibernation Zones:

These are reverse-spin light fields that create reverse-particle-spin matter fields. They hang in the atmosphere of Earth and are inhabited. They are the result of Black Hole Technologies created in Atlantean time by FA groups to control human evolution.

8. Gliding:

Meditation journeys that will allow you to take a portion of your natural consciousness and a portion of your body out into what is called a Glide, or projection. The first Glides are to the closest safe spaces, the Aurora Platforms in our atmosphere.

9. Sliding:

The next stage in working with projection technologies, where you can take your body through gates, transmuting it into light and “popping in” in another space/time location. The body must be prepared for this, or when it attempts to go through a gate biologically it would vaporize because of the mutations held in the body.

10. Eyugha Cycles and Adashi Cycles:

There are four Eyugha Cycles that represent the expansion, the movement out of Source, or the Out Breath. We live now in the last stage of the fourth Eyugha Cycle. After the Starfire Point there is a turnaround into the three Adashi Cycles. These are the movement back to Source, the In Breath.

11. Avatar integration:

Under natural Krystic circumstances a cycle of integration of frequencies is set in motion from the point of fertilization when in humans an egg and sperm come together. This involves the integration of the Density-1 identity, the Soul identity at Density-2, the Oversoul at Density-3 and the Avatar identity of Density-4. At 33 the Avatar would be integrated; the Spirit gets itself fully into the body.

12 Starfire Point:

Starfire Point is a turnaround point in the natural Starfire Cycle at age 33, at which the re-spiritualization and de-densification of the Atomic Matter Structure of the body would naturally occur and take us into the Adashi Return Cycles. These are the Ascension Cycles home, the In Breath back to Source.

Multiple Choice

- 1. The M31 galaxy is _____.**
(a) Andromeda
(b) Aquinos
(c) part of the Milky Way
(d) the AquA'elle Matrix

- 2. What do the Creationism and the Evolutionism paradigms have in common?**
(a) They both say that science and religion are not compatible.
(b) They both say that humans are in essence insignificant.
(c) They both lay responsibility in the hands of authorities outside oneself.
(d) a, b, c.

- 3. Why is channelling —in contrast with Keylontic Crystalline Transmission—dangerous?**
(a) During channelling somebody that is not part of you comes in; this can crash and recode the DNA of the channel.
(b) The entities that are channelled stay as field-embedding in the body of the channel.
(c) There is the risk of being fully possessed and/or assimilated by the entities that are channelled.
(d) a, b, c.

- 4. The Amenti System means:**
(a) Ascension Earth.
(b) Sirius B.
(c) Our Sun and Solar System when it still had Ascension potential.
(d) The Prana Seed in the Sun.

- 5. Hibernation Zones are _____.**
(a) reverse-spin light fields that create reverse-spin matter fields.
(b) used to control Human DNA/Evolution
(c) parts of what used to be Atlantis
(d) All of the above.

- 6. Junk DNA is _____.**
(a) superfluous DNA
(b) DNA that literally has been shredded
(c) the DNA we have to reclaim and reset in our DNA to claim our key to freedom
(d) b and c

- 7. A Host Matrix _____.**
- (a) is a Matrix that holds enough Krystiac Frequencies to lead a Fallen Matrix to Ascension
 - (b) helps to prevent a Fallen Matrix going to space dust
 - (c) is a Matrix that holds enough Krystiac Frequencies to help the parts of a Fallen Matrix that are capable for Ascension out of this Fall
 - (d) teaches a Fallen Matrix the Path of Ascension
- 8. The term *Blank Slate Technologies or BeaST* refers to _____.**
- (a) causing pole shift.
 - (b) the removal of all Indigos from Earth
 - (c) erasing all Human history and inserting Earth into the timeline of Phantom Earth
 - (d) the annihilation of all Angelic Humans on Earth
- 9. A Walk-in is an _____.**
- (a) entity from a higher Dimensional Level that comes in to channel information to you
 - (b) entity from your own Spirit-Family line with whom you have made a contract before birth to come into the body at a certain age to use this biological incarnation for higher evolutionary purposes
 - (c) Indigo-3
 - (d) Avatar
- 10. The Guardian Races tell us so much about the Structure of Creation because _____.**
- (a) the escalating drama on Earth and changing possibilities for Ascension make it necessary to give information on worlds beyond our Time Matrix and on advanced subjects such as Dark Matter Body, Spirit Body, and the Adjugate Twin side of Matter.
 - (b) they want to select the ones that are able to understand the materials
 - (c) they want us to understand who are the Krystiac Councils that came to assist us in an ever-escalating drama since the year 2000
 - (d) a, c
- 11. The Vertical Maps show us where _____.**
- (a) we can find Urtha and the Aurora Platforms
 - (b) the Adashi Temples are
 - (c) the Hibernation Zones are
 - (d) All of the above
- 12. Prime Age is in natural evolution, the age _____.**
- (a) of 33, known as the Starfire Point
 - (b) at which the Spirit comes into the body
 - (c) at which the body starts de-densification and re-spiritualization
 - (d) All of the above

NOTES TO CLASS 1

Note: Some of the definitions were taken from the KS online dictionary (www.keylonticdictionary.org) and were not in the DVDs. These additional definitions provide more information for students.

Multiple Choice Answers:

1.A, 2.A, 3.D, 4.C, 5.D, 6.D, 7.C, 8.C, 9.B, 10.D, 11.D, 12.D

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